

**MONDAY**
**TUESDAY**
**WEDNESDAY**
**THURSDAY**
**FRIDAY**
**WEEK 1**
**22 APRIL, 12 MAY, 9 JUNE, 30 JUNE, 21 JULY, 3 SEPT, 22 SEPT, 13 OCT**

- MAIN MEAL 1**
- MAIN MEAL 2**
- SIDE DISH**
- EXTRA OPTION**
- DESSERT**

Chicken Curry

All Day Breakfast (Omelette, Grilled Tomato, Beans)

Brown & White Rice or Hash Brown

Jacket Potato topped with Cheese

Tropical Crumble with Ice Cream 50% Fruit

Quorn Burger in a Bun

Beany Seashell Pasta

Potato Wedges or Herby Garlic Bread

Jacket Potato topped with Baked Beans

Fresh Fruit Wedges

Roast Chicken with Sage & Onion Stuffing & Gravy

Cheesy Spring Vegetable & Potato Bake

Roast Potatoes or Wholemeal Pasta

Jacket Potato topped with Cheese & Beans

Fresh Fruit Jelly 50% Fruit

Minced Beef Slice

Sweet & Sour Quorn

Diced Potatoes or Brown & White Rice

Jacket Potato topped with Tuna Mayo

Chocolate Pastry Whirl

Battered Fish Fillet

Cheese & Tomato Pizza

Potato Wedges or Tricolour Pasta

Jacket Potato topped with Cheese & Beans

Lemon Shortbread

**WEEK 2**
**28 APRIL, 19 MAY, 16 JUNE, 7 JULY, 8 SEPT, 29 SEPT, 20 OCT**

- MAIN MEAL 1**
- MAIN MEAL 2**
- SIDE DISH**
- EXTRA OPTION**
- DESSERT**

Bean & Cheese Slice

Macaroni Cheese

Diced Potatoes or Herby Garlic Bread

Jacket Potato topped with Baked Beans

Apple Cornflake Crunch 50% Fruit

Chicken Pie with Gravy

Mild Mexican Bean Chili

Potato Wedges or Brown & White Rice

Jacket Potato topped with Cheese

Fresh Fruit Wedges

Roast Beef with Gravy

Veggie Balls with Gravy

Roast Potatoes or Wholemeal Pasta

Jacket Potato topped with Cheese & Beans

Fresh Fruit Jelly 50% Fruit

Beef Burger in a Bun

Roasted Summer Veg Pasta

Wholemeal Pasta or Diced Potatoes

Jacket Potato topped with Tuna Mayo

Jammy Cookie

Salmon & Sweet Potato Fishcake

Cheese & Tomato Pizza

Chips or Tricolour Pasta

Jacket Potato topped with Cheese & Beans

Chocolate Muffin

**WEEK 3**
**6 MAY, 2 JUNE, 23 JUNE, 14 JULY, 15 SEPT, 6 OCT**

- MAIN MEAL 1**
- MAIN MEAL 2**
- SIDE DISH**
- EXTRA OPTION**
- DESSERT**

Chicken & Sweetcorn Meatballs

Breaded Bean & Vegetable Grill

Spaghetti or Diced Potatoes

Jacket Potato topped with Tuna Mayo

Strawberry Mousse

Beef Bolognese

Mild Sweet Potato & Chickpea Curry

Pasta or Brown & White Rice

Jacket Potato topped with Cheese & Beans

Fresh Fruit Wedges

Roast Chicken with Sage & Onion Stuffing & Gravy

Creamy Quorn & Sweetcorn Pasta Bake

Roast Potatoes or Wholemeal Pasta

Jacket Potato topped with Cheese

Fresh Fruit Jelly 50% Fruit

Beef Burger in a Bun

Roasted Veg Lasagne

Potato Wedges or Herby Garlic Bread

Jacket Potato topped with Baked Beans

Ice Cream with Chocolate Cookie "Wafer"

Fish Fillet Fingers

Cheese & Tomato Pizza

Chips or Tricolour Pasta

Jacket Potato topped with Cheese & Beans

Pineapple Pastry Squares 50% Fruit

**SUPER CHARGE YOUR LUNCH!**
**BECOME A SUPER HEALTHY SUPER HERO!**

Vegetables and a variety of salads are served daily. 🌱 = Vegetarian 🌱 = Vegan.

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