

# Whole School Personal Development Example Curriculum Map

FS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Locomotion Jumping	Gymnastics High Low, Over, under	Ball Skills Hands 1	Dance Nursery Rhymes	Ball Skills Feet	Games For Understanding
	<p><b>(P)</b> Can pupils adjust their speed and change direction to avoid other pupils and the markers?</p> <p><b>(C)</b> Can pupils travel with confidence?</p> <p><b>(S)</b> Can pupils follow the rules of games?</p> <p><b>(W)</b> Can pupils travel with confidence?</p>	<p><b>(P)</b> Can pupils make their movement champion?</p> <p><b>(C)</b> Are pupils creative on the apparatus, moving over, under, through, along, across etc?</p> <p><b>(S)</b> Can pupils collaborate with other pupils by working around each other and taking turns, 'sharing'?</p> <p><b>(W)</b> Can pupils travel with confidence over, under and through equipment?</p>	<p><b>(P)</b> Can pupils roll and bounce the ball with control?</p> <p><b>(C)</b> Do pupils understand the meaning of the word control?</p> <p><b>(S)</b> Can pupils follow instructions and rules of the game</p> <p><b>(W)</b> Do pupils stop and pass if they enter a marked area?</p>	<p><b>(P)</b> Can pupils move like champions?</p> <p><b>(C)</b> Do pupils understand what a champion is?</p> <p><b>(S)</b> Are pupils able to make up a short sequence in pairs?</p> <p><b>(W)</b> Can pupils travel with confidence?</p>	<p><b>(P)</b> Can pupils move the ball with control?</p> <p><b>(C)</b> Do pupils understand the meaning of, 'control'?</p> <p><b>(S)</b> Do pupils understand and follow the rules of a game?</p> <p><b>(W)</b> Can pupils keep the score?</p>	<p><b>(P)</b> Can pupils move out of the space avoiding being tagged by the sharks?</p> <p><b>(C)</b> Do pupils understand the consequence of breaking the rules of a game?</p> <p><b>(S)</b> Can pupils play fairly in their teams?</p> <p><b>(W)</b> Can pupils travel with confidence?</p>
	Locomotion Walking	Gymnastics Body Parts	Dance Ourselves	Ball Skills Hands 2	Locomotion Running	Wellbeing
	<p><b>(P)</b> Do pupils walk with their heads focused straight ahead looking where they are going?</p> <p><b>(C)</b> Can pupils travel with confidence?</p> <p><b>(S)</b> Are pupils able to follow the rules of games</p> <p><b>(W)</b> Can pupils travel with confidence?</p>	<p><b>(P)</b> Can pupils apply their movement ideas on the apparatus moving in high, low, big and small ways?</p> <p><b>(C)</b> Do pupils understand what a champion is?</p> <p><b>(S)</b> Can pupils collaborate with others by moving around each other and 'sharing'?</p> <p><b>(W)</b> Can pupils travel with confidence over, under and through equipment</p>	<p><b>(P)</b> Can pupils make their movements big?</p> <p><b>(C)</b> Do pupils know what a champion is?</p> <p><b>(S)</b> Can pupils work in pairs?</p> <p><b>(W)</b> Can pupils travel with confidence?</p>	<p><b>(P)</b> Can pupils throw a beanbag with control?</p> <p><b>(C)</b> Do pupils understand the meaning of, 'control'?</p> <p><b>(S)</b> Can pupil follow the rules of the game?</p> <p><b>(W)</b> Can pupils keep the score?</p>	<p><b>(P)</b> Can pupils run and stay in a space?</p> <p><b>(C)</b> Do pupils understand the consequence in a game of moving to close to the mud monsters (defenders)?</p> <p><b>(S)</b> Can pupils play fairly in their teams?</p> <p><b>(W)</b> Can pupils be brave and think of their own ways of walking?</p>	<p><b>(P)</b> Can pupil move showing good coordination and agility?</p> <p><b>(C)</b> Do pupils understand why it is important to be healthy?</p> <p><b>(S)</b> Can pupils collaborate and take turns?</p> <p><b>(W)</b> Can pupils count their own score?</p>

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Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Locomotion Running	Gymnastics Wide, Narrow and Curled	Dance Growing	Dance The Zoo	Team Building	Games For Understanding
	<p><b>(P)</b> Can pupils apply the correct technique (feet, arms and Head) when running)</p> <p><b>(C)</b> Do pupils understand the consequence in a game of moving to close to the mud monsters (defenders)?</p> <p><b>(S)</b> Can pupils play fairly in their teams?</p> <p><b>(W)</b> Are pupils stopping when they are tagged?</p>	<p><b>(P)</b> Can pupils make their movements and shapes 'champion'?</p> <p><b>(C)</b> Do pupils understand what being a champion is?</p> <p><b>(S)</b> Are pupils safe on the apparatus collaborating and sharing?</p> <p><b>(W)</b> Can pupils be brave and try their own ideas for combining two themes?</p>	<p><b>(P)</b> Can pupils move like champion dancers?</p> <p><b>(C)</b> Do pupils understand what a champion dancer is?</p> <p><b>(S)</b> Do the bee and the flower move in relation to each other?</p> <p><b>(W)</b> Can pupils make accurate descriptions about others performances?</p>	<p><b>(P)</b> Can pupils move like champion dancers?</p> <p><b>(C)</b> Do pupils understand what a champion dancer is?</p> <p><b>(S)</b> Can pupils move in relation to each other?</p> <p><b>(W)</b> Can pupils be brave and think of their own ways of moving?</p>	<p><b>(P)</b> Can pupils work together to be successful?</p> <p><b>(C)</b> Do pupils understand why we need to work together to be successful?</p> <p><b>(S)</b> Can pupils help each other?</p> <p><b>(W)</b> Can pupils try there hardest?</p>	<p><b>(P)</b> Are pupils able to change direction (dodge) and catch an attacker?</p> <p><b>(C)</b> Do pupils understand the consequence in a game of not tagging an attacker or being tagged by a defender?</p> <p><b>(S)</b> Can pupils collaborate and take turns?</p> <p><b>(W)</b> Are pupils stopping when they are tagged?</p>
	Ball Skills Hands 1	Ball Skills Feet	Gymnastics Body Parts	Ball Skills Hands 2	Locomotion Jumping	Wellbeing
	<p><b>(P)</b> Can pupils pass a ball towards a target using their hands?</p> <p><b>(C)</b> Do pupils concentrate on the ball?</p> <p><b>(S)</b> Can pupils take turns to be the defender when playing games?</p> <p><b>(W)</b> Do pupils always stop and pass if they are tagged?</p>	<p><b>(P)</b> Can pupils move the ball using the insides and outsides of their feet?</p> <p><b>(C)</b> Do pupils understand why we do not use our hands to stop the ball?</p> <p><b>(S)</b> Can pupils count their own score or team score honestly?</p> <p><b>(W)</b> Can pupils count their own score?</p>	<p><b>(P)</b> Can pupils move using different body parts?</p> <p><b>(C)</b> Do pupils understand what the 'big' and 'small' parts of their bodies are?</p> <p><b>(S)</b> Can pupils take turn on apparatus</p> <p><b>(W)</b> Are pupils able to make the decision themselves as to which way they will move and then change as they progress through the apparatus?</p>	<p><b>(P)</b> Can pupils roll a ball towards a target using their Physical?</p> <p><b>(C)</b> Do pupils understand the meaning of, 'aiming'?</p> <p><b>(S)</b> Can pupils keep the score honestly?</p> <p><b>(W)</b> Can pupils keep the score?</p>	<p><b>(P)</b> Can pupils use the correct technique (arms, Cognitive and knees)</p> <p><b>(C)</b> Do pupils understand why we may need to jump quickly in a game?</p> <p><b>(S)</b> Can pupils support others when there is a competitive element?</p> <p><b>(W)</b> Do pupils freeze and stop when they are caught?</p>	<p><b>(P)</b> Can pupil move showing good coordination and agility?</p> <p><b>(C)</b> Do pupils understand why it is important to be healthy?</p> <p><b>(S)</b> Can pupils collaborate and take turns?</p> <p><b>(W)</b> Can pupils count their own score?</p>

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Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Ball Skills Hands 1	Dance Explorers	Dance Water	Ball Skills Feet	Ball Skills Hands 2	Team Building
	<p>(P) Can pupils dribble (bounce) the ball with control?</p> <p><b>(C)</b> Do pupils understand the consequence in a game of moving the ball close to the defenders?</p> <p><b>(S)</b> Can pupils take turns to be the defender when playing games?</p> <p><b>(W)</b> Can pupils keep the score?</p>	<p>(P) Can pupils use all of their bodies as they move?</p> <p><b>(C)</b> Do pupils understand what a champion dancer is?</p> <p><b>(S)</b> Can pupils perform the movement sequence in a pair?</p> <p><b>(W)</b> Can pupils add movements together?</p>	<p>(P) Can pupils make big, clear actions?</p> <p><b>(C)</b> Can pupils listen to the music and respond?</p> <p><b>(S)</b> Can pupils perform the movement sequence in a pair?</p> <p><b>(W)</b> Can pupils be brave and perform in front of others?</p>	<p>(P) Can pupils pass a ball towards a target using their feet?</p> <p><b>(C)</b> Do pupils understand the consequence in a game of moving the ball close to the defenders?</p> <p><b>(S)</b> Can pupils work together in pairs?</p> <p><b>(W)</b> Do pupils swap roles if the defender gains possession of the ball?</p>	<p>(P) Can pupils throw the ball with control?</p> <p><b>(C)</b> Do pupils understand where to throw (hit) the ball?</p> <p><b>(S)</b> Can pupils take turns in different roles? (Batting, bowling etc.)</p> <p><b>(W)</b> Can pupils count their own score?</p>	<p><b>(P)</b> Can pupils work together to be successful?</p> <p><b>(C)</b> Do pupils understand why we need to work together to be successful?</p> <p><b>(S)</b> Can pupils help each other?</p> <p><b>(W)</b> Can pupils try there hardest?</p>
	Locomotion: Dodging	Gymnastics Pathways	Gymnastics Linking	Wellbeing	Locomotion Jumping	Games For Understanding
	<p><b>(P)</b> Can pupils dodge with effective technique?</p> <p><b>(C)</b> Do pupils understand the consequence in a game of not moving way from the balls being rolled?</p> <p><b>(S)</b> Can pupils work against other teams collaboratively?</p> <p><b>(W)</b> Can pupils score points by dodging the balls?</p>	<p><b>(P)</b> Can pupils ensure their movements are 'Champion' movements?</p> <p><b>(C)</b> Do pupils understand what a champion is?</p> <p><b>(S)</b> Can pupils give purposeful feedback when they peer assess?</p> <p><b>(W)</b> Are pupils confident on the apparatus?</p>	<p><b>(P)</b> When pupils make a shape or movement is it a, 'champion'?</p> <p><b>(C)</b> Do pupils understand what linking is and how we link?</p> <p><b>(S)</b> Can pupils suggest ways to improve another pupils' work?</p> <p><b>(W)</b> Can pupils be brave and think of their own ideas for moving?</p>	<p><b>(P)</b> Can pupil move showing good agility?</p> <p><b>(C)</b> Do pupils understand why it is important to be healthy?</p> <p><b>(S)</b> Can pupils collaborate and take turns?</p> <p><b>(W)</b> Can pupils count their own score?</p>	<p><b>(P)</b> Can pupils use the correct technique (arms, Cognitive and knees)</p> <p><b>(C)</b> Do pupils understand why we may need to jump as far as possible?</p> <p><b>(S)</b> Can pupils support others when there is a competitive element?</p> <p><b>(W)</b> Can pupils count their own score?</p>	<p><b>(P)</b> Do pupils (defenders) understand the consequence in a game of not tagging an attacker?</p> <p><b>(C)</b> Do pupils understand the difference between attack and defence?</p> <p><b>(S)</b> Can pupils work against other teams collaboratively?</p> <p><b>(W)</b> Can pupils collaborate and apply the rules of the game?</p>