

# Multi Choice Menu Winter/Spring 2022/23

<b>WEEK 1</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
BBQ Dusted Chicken with Rice	Mediterranean Roll (Ve)	Roast Chicken with Sage and Onion Stuffing	Cottage Pie	Battered Fish
Italian Pasta Bake (Ve) with Crusty Bread	Macaroni Cheese (v)	Sausages in Yorkshire Pudding (v)	Quorn Burger in a Bun (v) with Diced Potatoes	Cheese and Tomato Pizza (v)
	Garlic Bread	Roast Potatoes or Wholemeal pasta	Dice Potatoes	Oven Chips or Pasta
Banana Custard	Fruit Wedges	Chocolate and Courgette Muffin	Fresh Fruit Jelly	Spiced Orange Bun
<b>WEEK 2</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Pork Sausages in Gravy with Creamed Potatoes	Chicken Pie with Herby Potatoes	Roast Beef and Yorkshire Pudding	Quorn Hot Dog (v)	Crispy Coated Salmon
Cheese & Veg Pasties (v) with Diced Potatoes	Mild Vegetable Curry (Ve) with Rice	Lentil Roast (v)	Roasted Vegetable Lasagne (v) with Garlic Bread	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta	Potato Wedges or Pasta	Oven Chips or Pasta
Strawberry Mousse	Fruit Salad	Toffee Apple Date Cake and Custard	Fresh Fruit Jelly	Chocolate Brick Wall
<b>WEEK 3</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Vegballs in Homemade Tomato Sauce (Ve) with Pasta	Mild Chicken Curry with Rice	Roast Pork with Sage and Onion Stuffing	Beef Burger in a Bun with Potato Wedges	Fish Fillet Fingers
Cheese Pinwheel (v) with Diced Potatoes	Omelette, Grilled Tomatoes and Baked Beans (v)	Tomato Bolognese (Ve)	Cheese, Potato and Broccoli Bake (v)	Cheese and Tomato Pizza (v)
	Potato Wedges or Tricolour Pasta	Roast Potatoes or Wholemeal Pasta		Oven Chips or Pasta
Pear Crumble and Chocolate Custard	Fruit Wedges	Cherry Pancakes	Fresh Fruit Jelly	Banana Bread